RETROFITTING A CITY SCHOOL

Our Lady of Perpetual Help; Toronto, Canada



reGeneration Ryerson University



Project Overview

reGeneration



Mark Gorgolewski, PhD Faculty Lead Department of Architectural Science



Hayes Zirnhelt, MASc Technical Advisor Department of Architectural Science



Building Envelope Lead 1st year, MBSc Background: Civil engineering



Architecture Lead

1st year, MBSc

Background: Architecture



HVAC + Renewable Energy Lead 1st year, MASc Background: Chemical engineering



Project Management Lead

1st year. MBSc

Background: Building

Construction + Construction

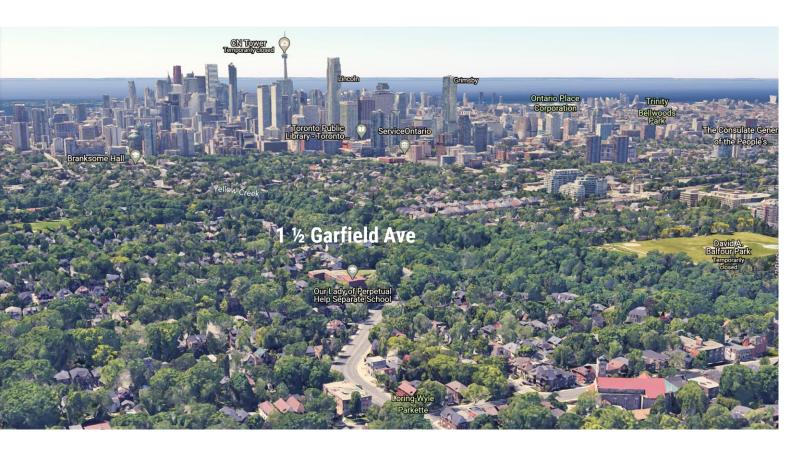
Project Management



Energy Modelling Lead 1st Year. MBSc Background: Architecture

Team Introduction 2

Project Introduction





Don Valley Brick Works Beltline



David A. Balfour Trail

Considering a growing population...

Design is for a 12% growth over the next 10 years **440 occupants:** 400 students ages 4 to 13, 40 staff

Target market includes:



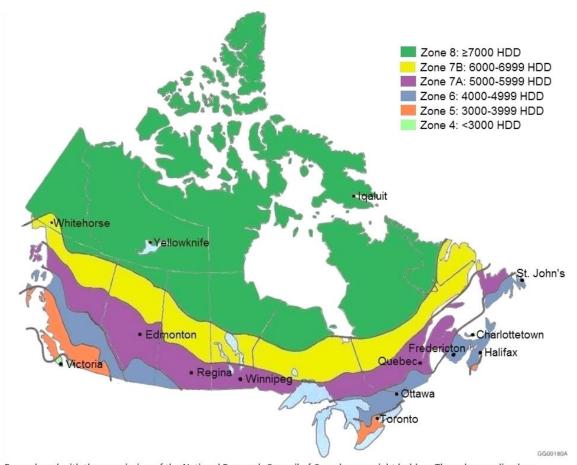
Occupants and community



Local school board (TCDSB)



Stakeholders in construction industry



Reproduced with the permission of the National Research Council of Canada, copyright holder. The colour coding has been added by NAIMA Canada.

Local Climate

Cold Climate in Toronto ASHRAE Zone 5A

Standards

Ontario Building Code - 2019 ASHRAE 90.1 and 62.1 - 2019 Toronto Green Standard (Tier 3)

Design Constraints 6



Minimizing embodied + operational carbon



Minimizing energy consumption



Maximizing usable space after retrofit



Responsible water management



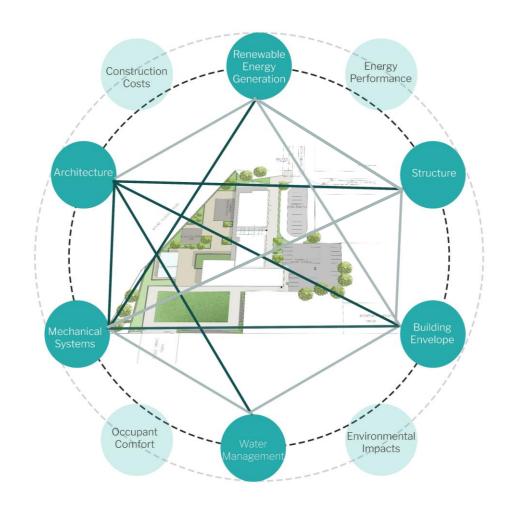
Optimal occupant comfort + wellbeing



Enhanced occupant experience



Community integration

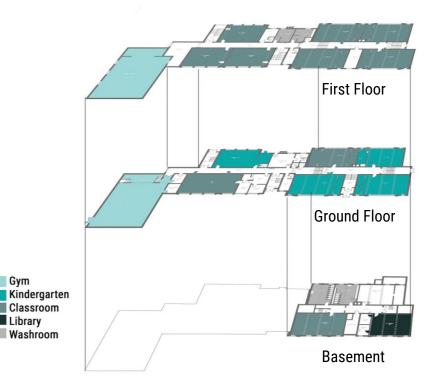


Existing Building • Proposed Redesign

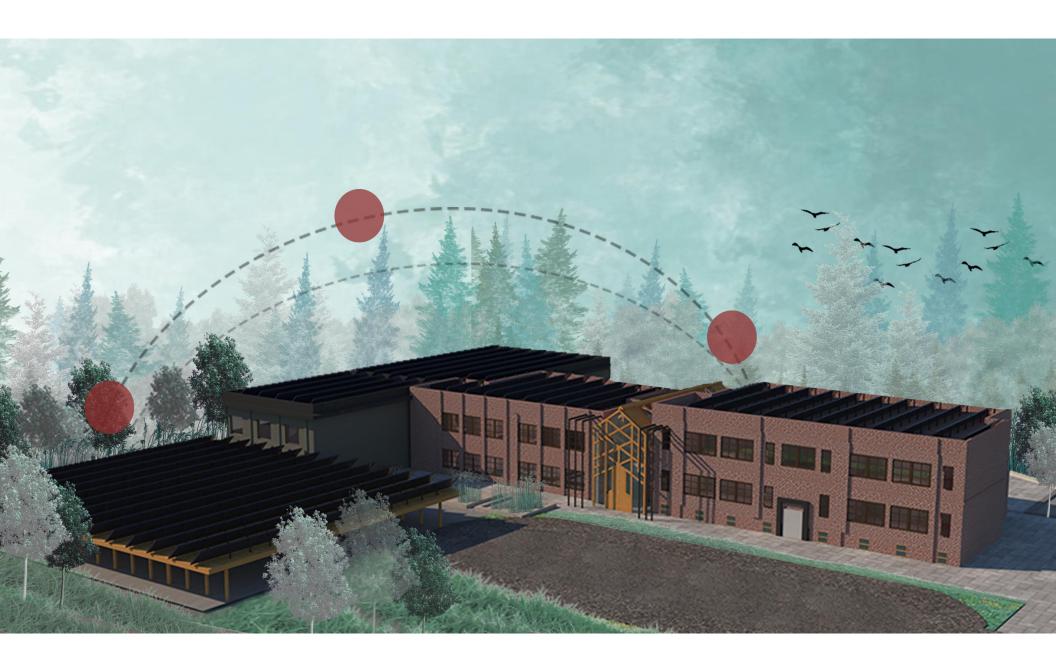
Architecture
Engineering
Comfort and Environmental Quality
Energy Performance
Embodied Environmental Impact
Durability and Resilience
Market Analysis
Occupant Experience

Architecture **Existing Building**





Architecture **Proposed Redesign**

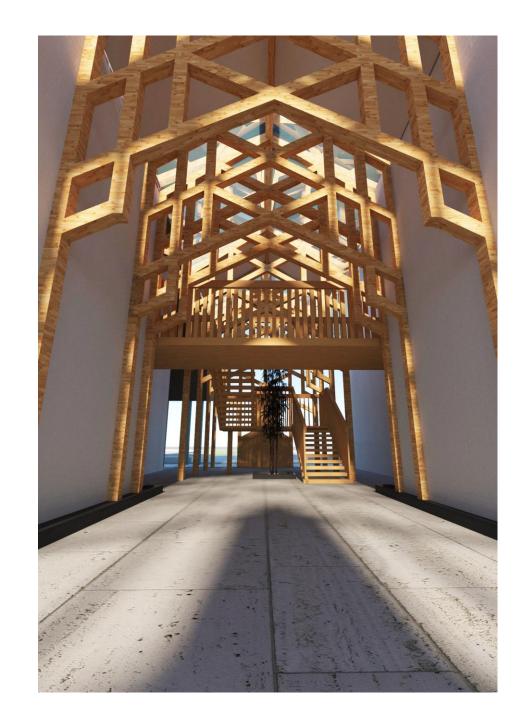


Architecture Engineering Energy Performance Comfort + IEQ Embodied Carbon Durability and Resilience Market Analysis Occupant Experience 12











Architecture



Durability and Resilience

Building Structure Building Envelope Water Systems Mechanical Systems Renewables

Architecture

Engineering
 Comfort and Environmental Quality
 Energy Performance
 Embodied Environmental Impact
 Durability and Resilience
 Market Analysis
 Occupant Experience

Engineering Building Structure

Original structure

- Triple-wythe mass masonry
- Wood-framed roofs
- Wood-framed or concrete floors

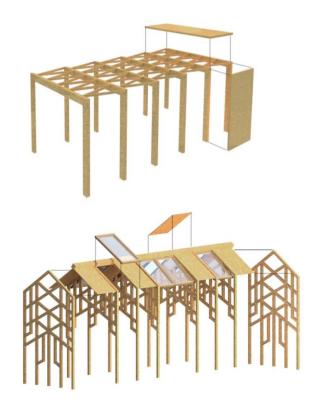


New extension structure

- Glulam columns
- Glulam floor and roof joists
- Dowel-laminated timber (DLT) panels

New atrium structure

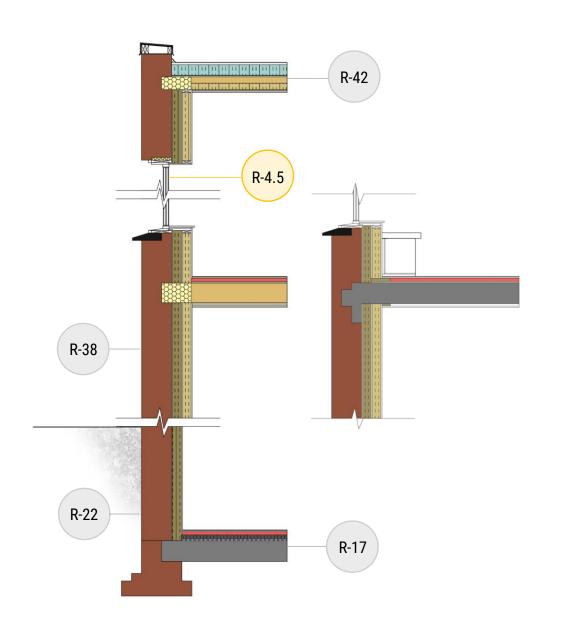
- Glulam trusses
- Glulam-framed curtain wall
- Dowel-laminated timber (DLT) roof panels

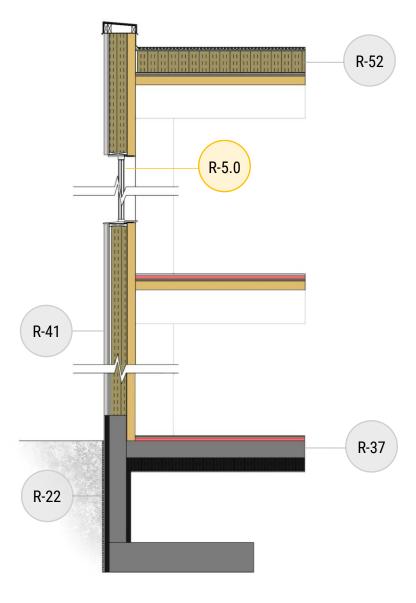


Engineering **Building Envelope**

Retrofit envelope

New extension envelope





Engineering Water Systems

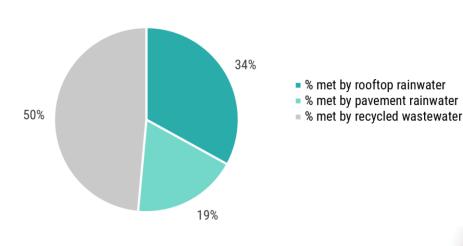
Responsible water management

1. Conserving water

Water demand **reduced** by 52% with new fixtures.

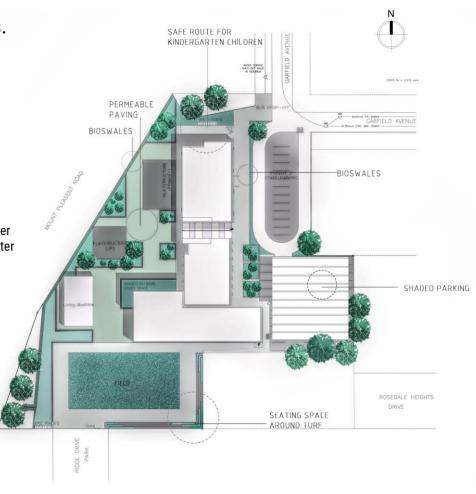
2. Recycling water

All non-potable demand met by water recycling:



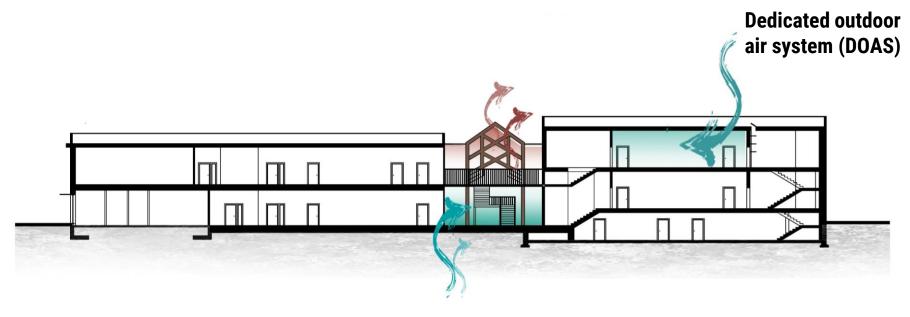
3. Restoring natural cycles

Bioswales reduce stormwater runoff while returning water to natural aquifers.



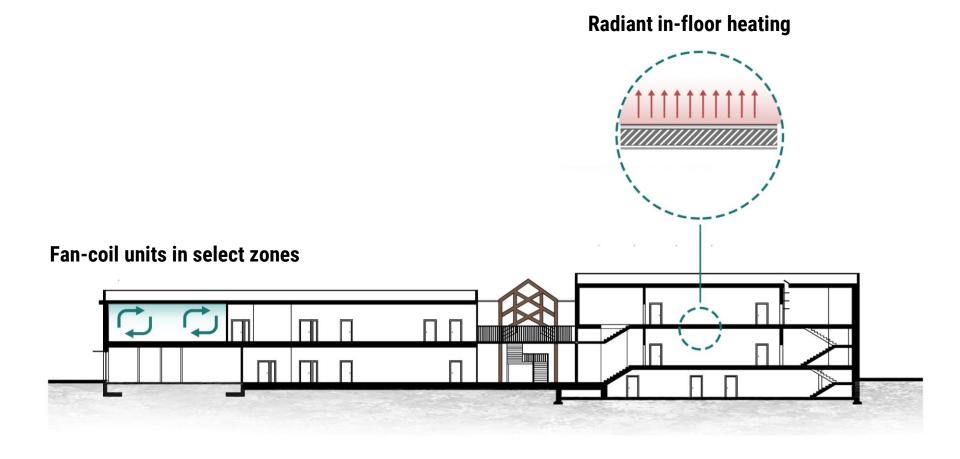
Engineering Mechanical Systems

Hybrid ventilation strategy



Natural ventilation

Heating + cooling



Cooling loads driven down by:

- DOAS cooling coil
- Roof PV shading
- Window shadings
- Operable windows



Engineering Renewables

Geothermal generation

Annual heating demand

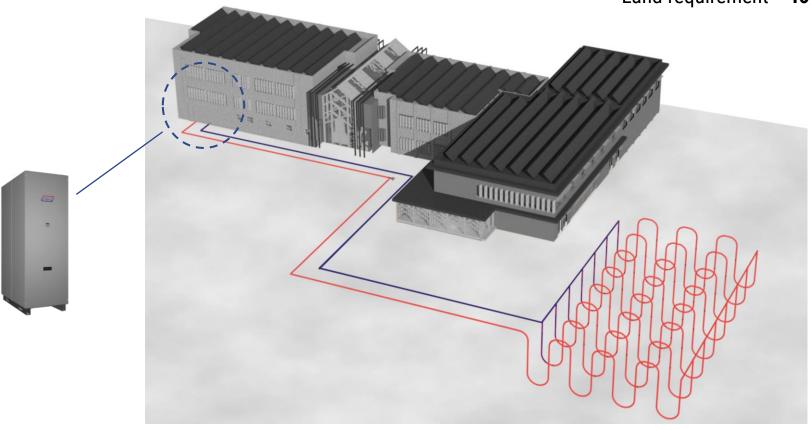
240 MBTU

Annual cooling demand

40 MBTU

System size 19 tons

Land requirement 4640 sqft



Architecture

Engineering Energy

Energy Performance

Comfort + IEQ

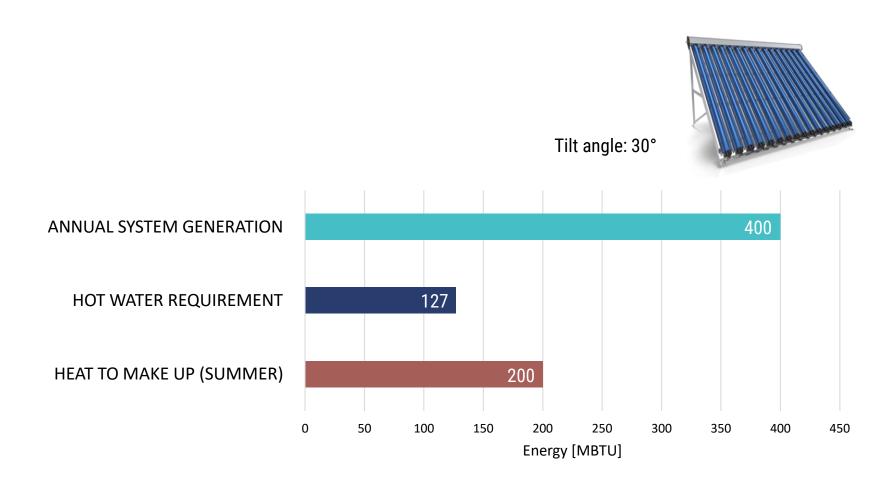
Embodied Carbon

Durability and Resilience

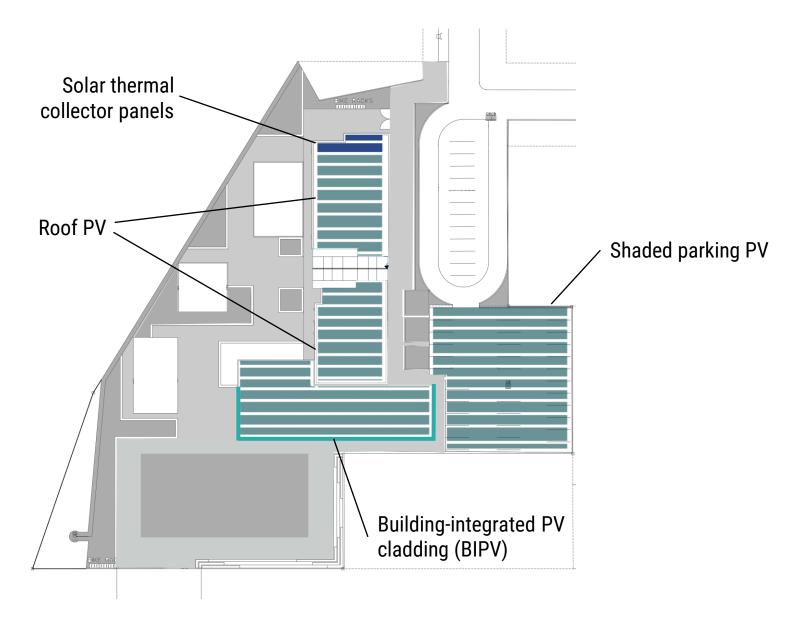
Market Analysis

Occupant Experience

Solar thermal energy

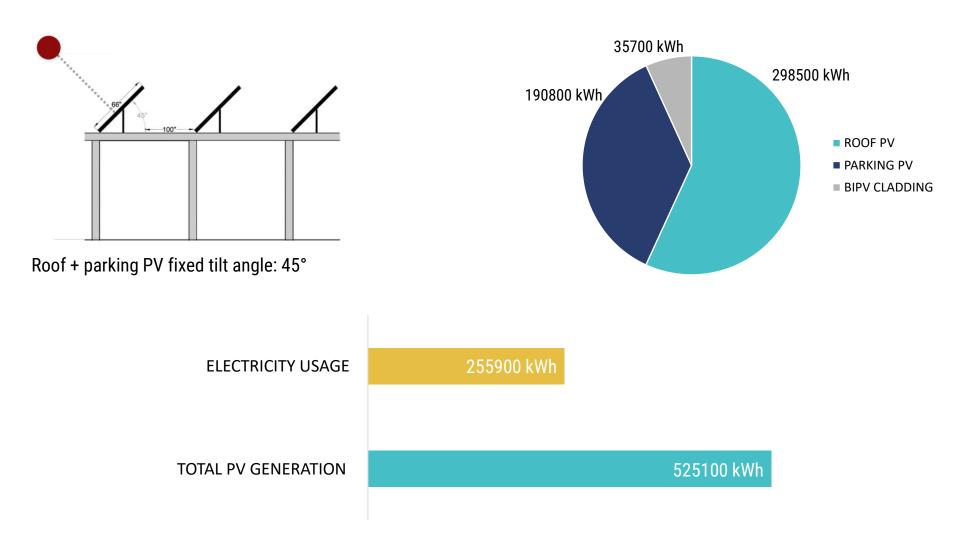


Solar energy generation



Architecture Engineering Energy Performance Comfort + IEQ Embodied Carbon Durability and Resilience Market Analysis Occupant Experience 29

Solar PV strategy



Excess electricity generation: 269200 kWh annually

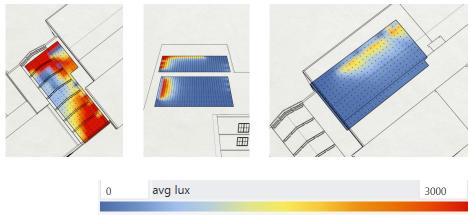
Architecture Engineering

IEQ Daylighting Comfort and Environmental Quality
 Energy Performance
 Embodied Environmental Impact
 Durability and Resilience
 Market Analysis
 Occupant Experience

Considerations in design

- Removing old and toxic materials
- Providing thermal and air quality comfort
- Providing acoustic comfort
- Providing access to daylight





Architecture
Engineering
Comfort and Environmental Quality

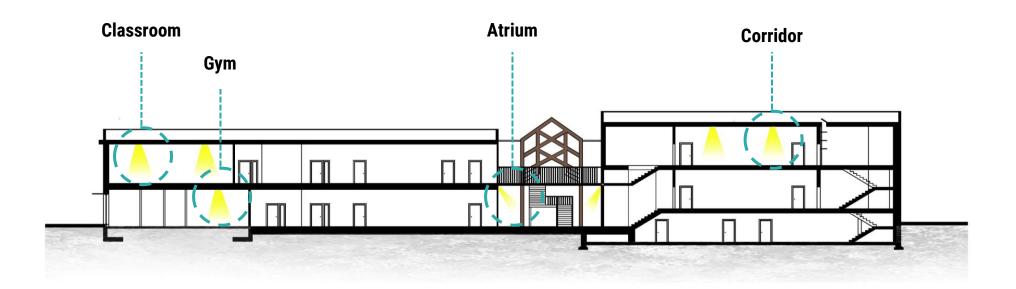
Load Reduction Energy Strategy Energy Performance
 Embodied Environmental Impact
 Durability and Resilience
 Market Analysis
 Occupant Experience

Plug + lighting load reduction strategies

- Efficient fixtures
- Occupant sensing controls
- Scheduling

Architecture

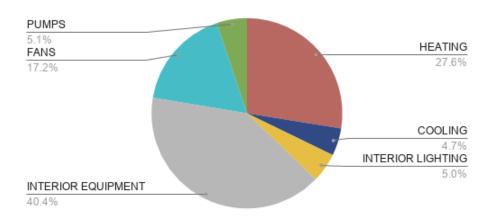
- Daylight harvesting
- Sustainable use learning



34

Energy use intensity

Site EUI	23 kBTU/sqft/yr
TGS, Tier 3	32 kBTU/sqft/yr
Competition requirement	57 kBTU/sqft/yr

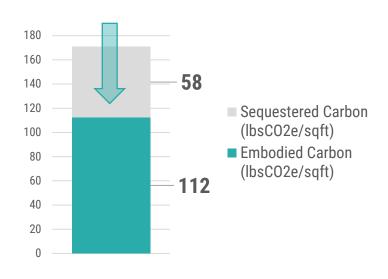


Architecture
Engineering
Comfort and Environmental Quality
Energy Performance

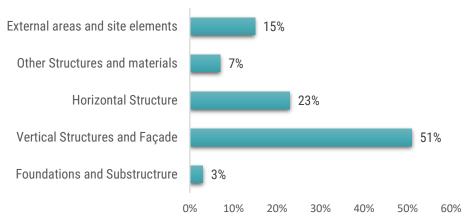
Embodied Environmental Impact
 Durability and Resilience
 Market Analysis
 Occupant Experience

Minimizing carbon emissions

- 1. Operational carbon minimized by using renewable energy systems.
- 2. Embodied carbon minimized by using mass timber and other low-carbon materials.



Embodied Carbon Breakdown by Structure



Life Cycle Assessment using One Click LCA

Materials recovered: 33% Materials returned: 77%

Building circularity score: 55%

Architecture
Engineering
Comfort and Environmental Quality
Energy Performance
Embodied Environmental Impact

Durability and Resilience
 Market Analysis
 Occupant Experience

Durable and resilient design against...

Future weather patterns

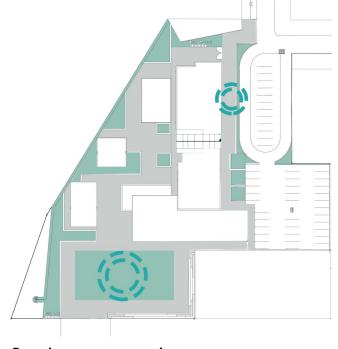
- Above-code insulation
- Vapour open masonry walls against freeze-thaw

Fire emergencies

- Fire-rated materials
- Emergency exists
- On site muster points

Resource shortage

• Emergency water storage in basement



On-site muster points

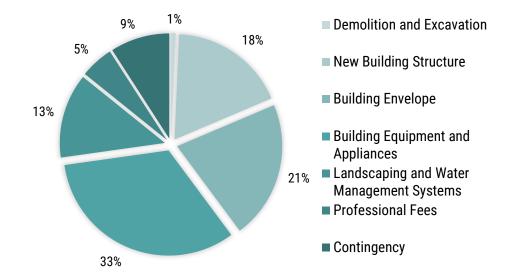
Architecture
Engineering
Comfort and Environmental Quality
Energy Performance
Embodied Environmental Impact
Durability and Resilience

Project Costs Financial Feasibility Market Potential Market AnalysisOccupant Experience

\$4.2 million USD **Project cost:**

> \$102 USD/sqft New build school:

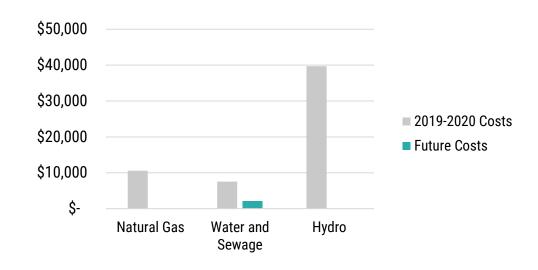
\$135 - \$180 USD/sqft



Annual Utility Bill Savings: 95%

Annual Savings: \$43,500 USD Grid Cashback: \$19,000 USD

Over 25 years, savings + cashback totals \$1.6 million USD.



Likelihood of adoption by...

Toronto Catholic District School Board

- TCDSB Energy Conservation Plan
- Toronto targets net-zero emissions by 2050

Construction industry

- Considered constructability, local and available materials, costs
- Phased 14-month timeline that keeps school in session during the year



Intended occupants

Design around the goal to provide comfortable and enjoyable spaces to learn

Durability and Resilience

Architecture
Engineering
Comfort and Environmental Quality
Energy Performance
Embodied Environmental Impact
Durability and Resilience
Market Analysis
Occupant Experience

User experience:

- Safe + inclusive design
- Biophilic design
- Preservation of history and traditions

Learning experience:

- Learning stations
- Vegetable gardens
- Community partnership



Outdoor study space



Evergreen Brick Works



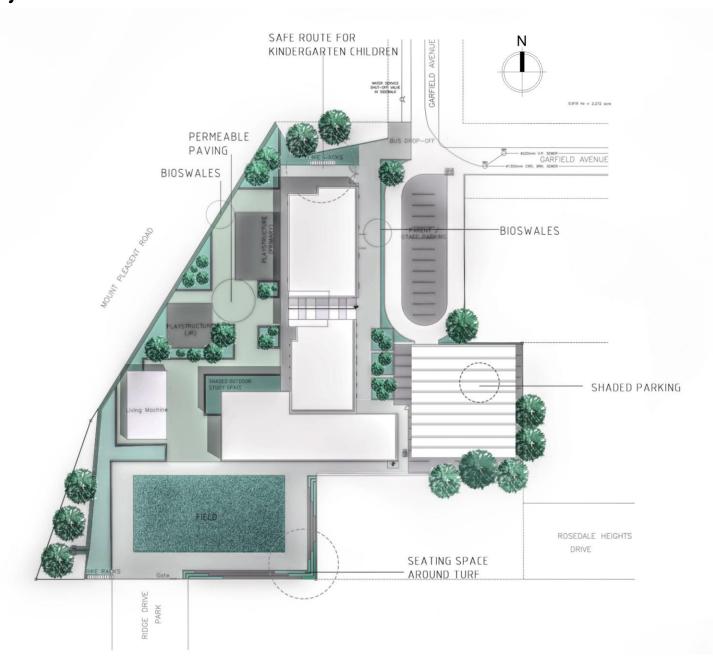


Supplementary Slides

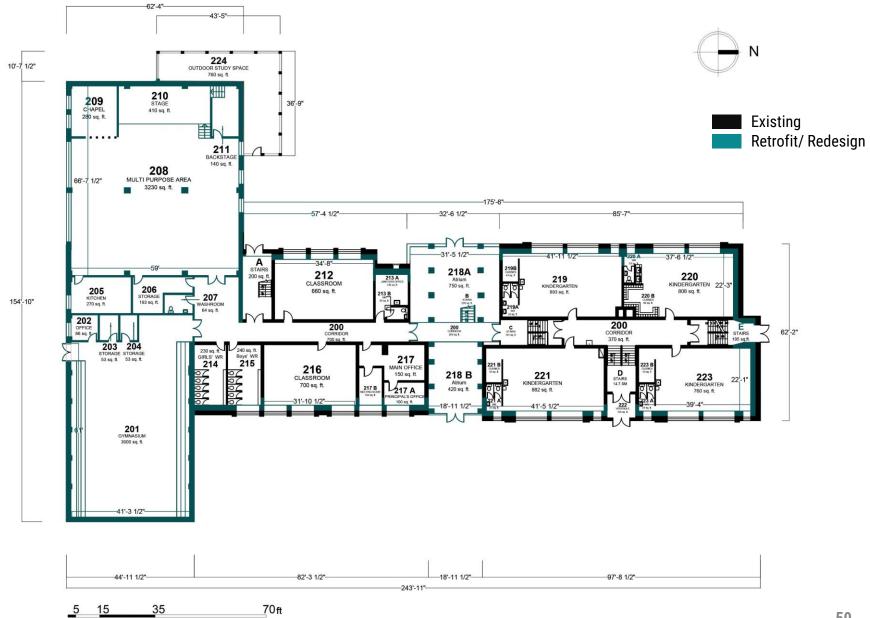
Existing School Site Layout



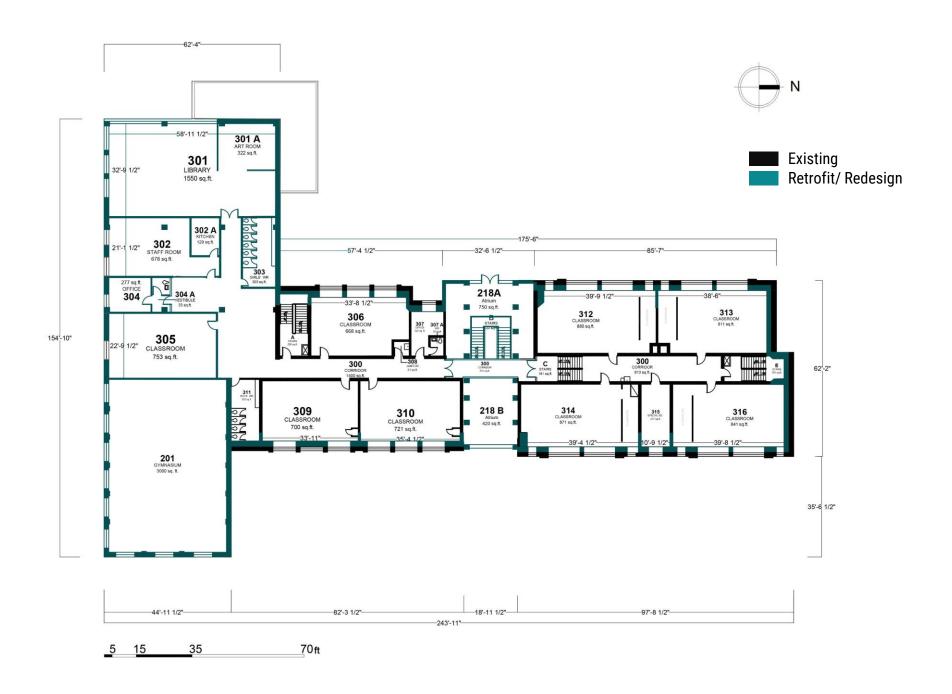
Redesigned Site Layout



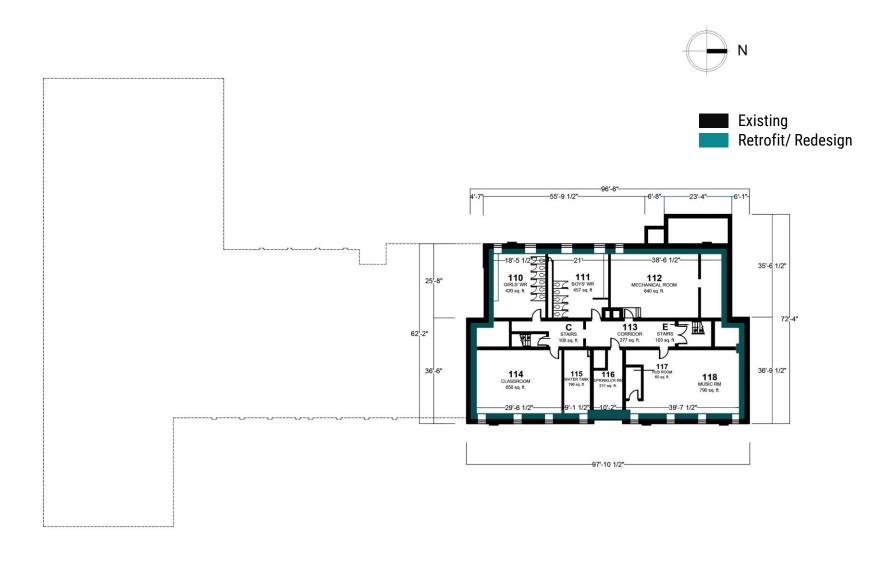
Ground Floor Plan



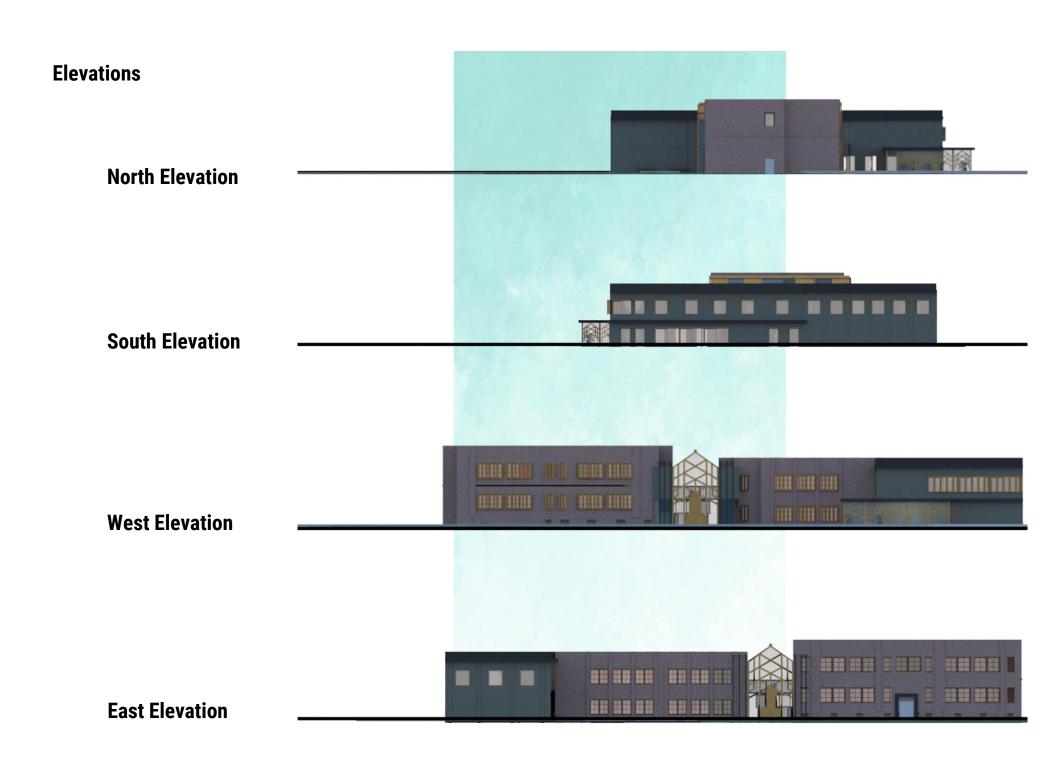
First Floor Plan



Basement Floor Plan



5 15 35 70ft



Sections







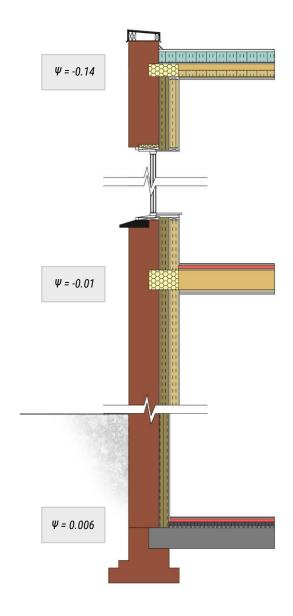
Retrofit Considerations

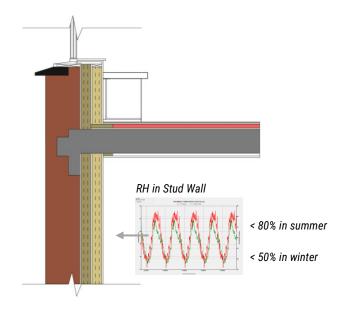
- Poor insulation
- Poor water shedding
- Cracked mortar
- Uninsulated basement slab causes moisture problems
- Double-glazed aluminum windows also cause child safety hazards
- Preserving brick façade





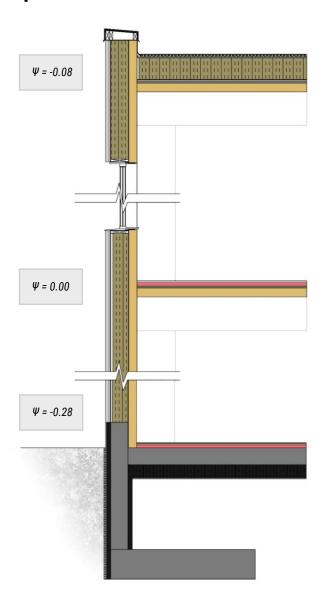
Retrofit Envelope





Walls Above Grade	R-38
Walls Below Grade	R-22
Ground Slab	R-17
Roof	R-42
Glazing	R-4.5

New Extension Envelope



Walls Above Grade	R-41
Ground Slab	R-37
Roof	R-52
Glazing	R-5.0
Foundation Walls	R-22

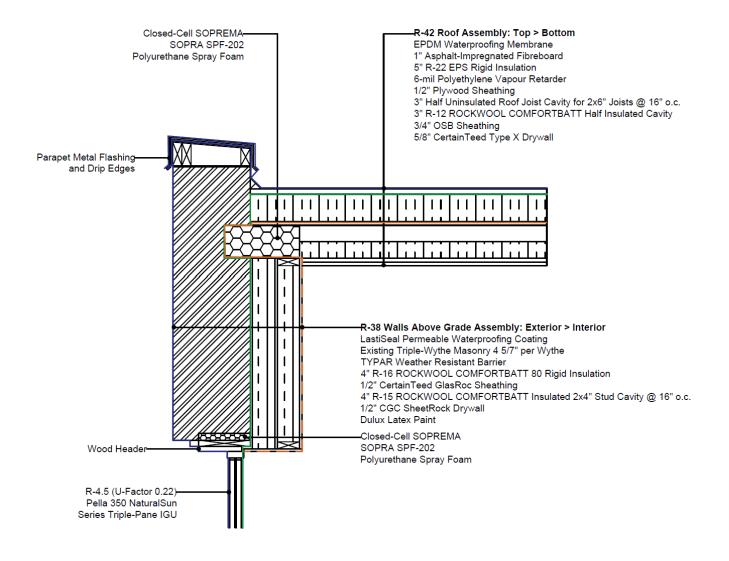
Glazing

- Argon-filled triple-glazed low-e units
- Double-hung with locked bottom sashes for child safety
- Operable skylights in atrium
- U-factors between 0.04 to 0.06 BTU/hsqft
- SHGC of 0.46 for passive solar heating
- SHGC of 0.23 for south façade and atrium





Envelope Sections: Retrofit Wall to Roof



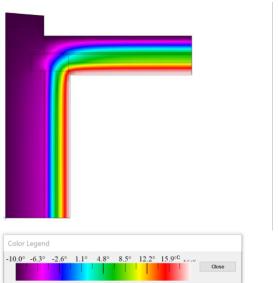
Assembly Control Layers

Primary Bulk Water
Air and Secondary Bulk Water
Class II Vapour Semi-Impermeable
Class III Vapour Semi-Permeable

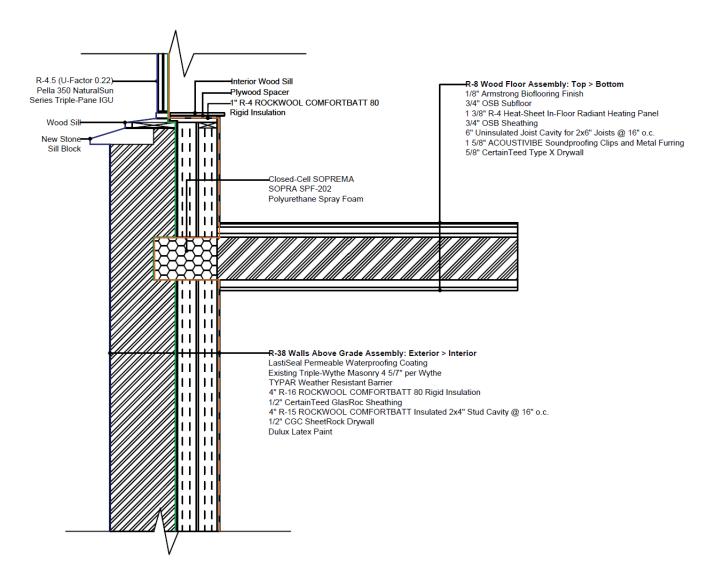
THERM Thermal Bridging Analysis

Component	U-Value (BTU/htt2F)
2-D	0.276
Vertical	0.026
Horizontal	0.026

Ψ-Factor = -0.14 BTU/hftF Lowest Interior Surface Temperature = 32.2F (17.9C)



Envelope Sections: Retrofit Wall to Wood Floor



Assembly Control Layers

Primary Bulk Water
Air and Secondary Bulk Water
Class II Vapour Semi-Impermeable
Class III Vapour Semi-Permeable

THERM Thermal Bridging Analysis

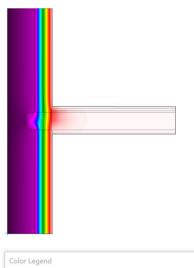
 Component
 U-Value (BTU/hft2F)

 2-D
 0.013

 Vertical
 0.026

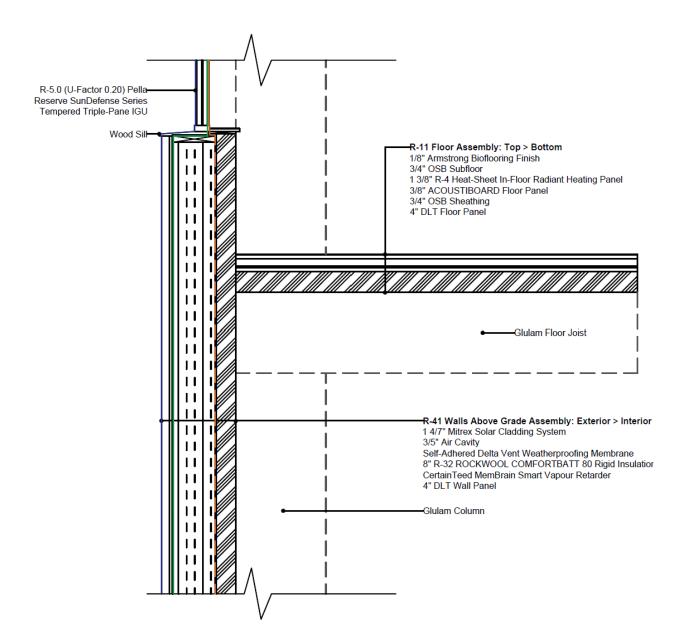
 Horizontal
 0.117

Ψ-Factor = -0.01 BTU/hftF Lowest Interior Surface Temperature = 34.0F (18.9C)





Envelope Sections: Extension Wall to Floor



Assembly Control Layers

Horizontal

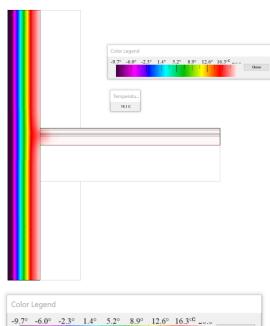
Primary Bulk Water
Air and Secondary Bulk Water
Class II Vapour Semi-Impermeable
Class III Vapour Semi-Permeable

THERM Thermal Bridging Analysis

Component	U-Value (BTU/hft2F)
2-D	0.010
Vertical	0.022

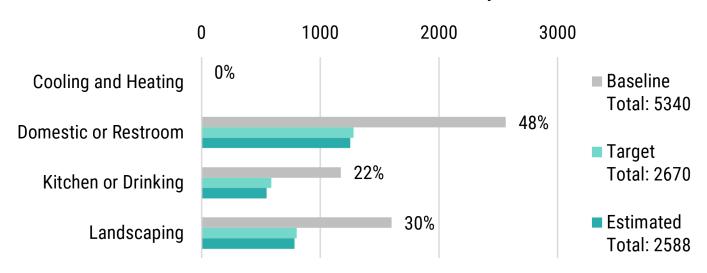
Ψ-Factor = 0.00 BTU/hftF Lowest Interior Surface Temperature = 34.4F (19.1C)

0.092

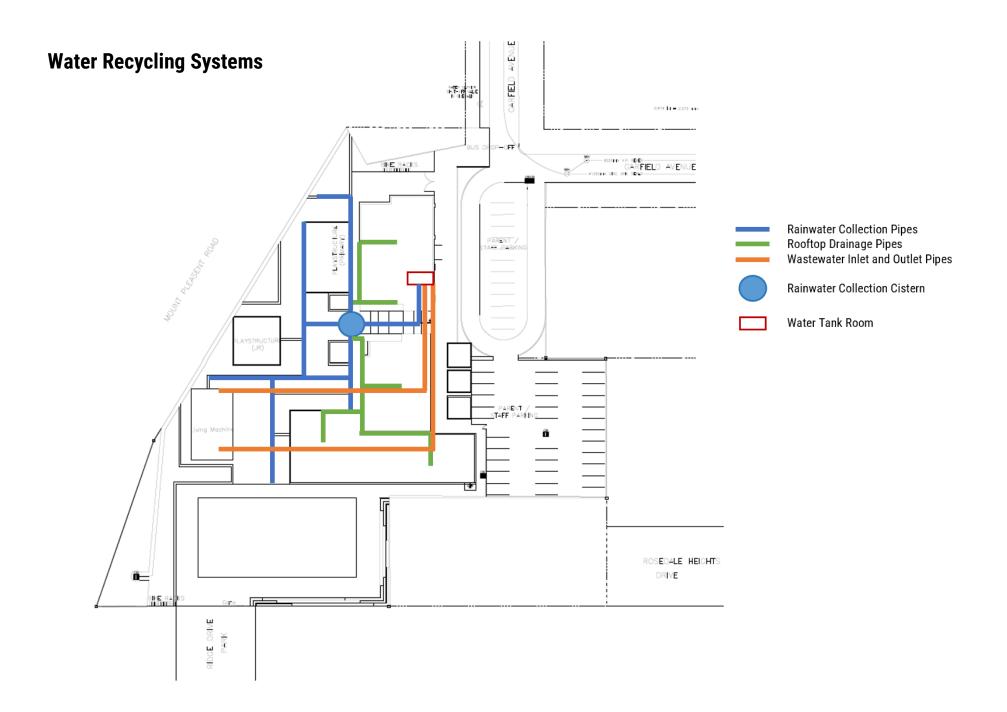




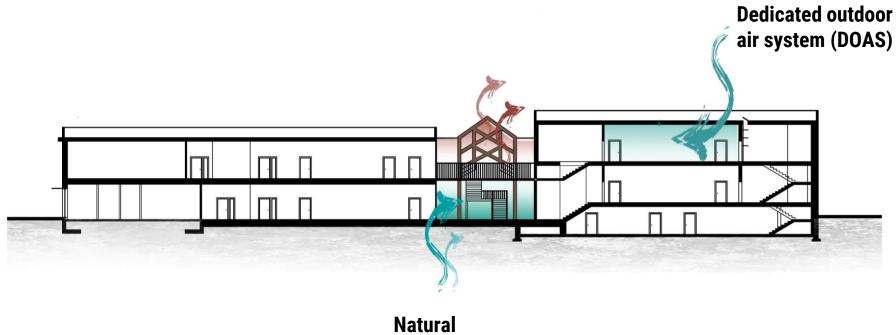
Total Water Demand in Gallons Per Day



New fixtures achieve a **52% reduction** in potable and non-potable water use, meeting Toronto Green Standards Tier 3.



Hybrid ventilation strategy



Natural ventilation

Required total outdoor air rate 13800 cfm or 2.13 ACH

Heating + cooling

Radiant in-floor heating Fan-coil units in select zones

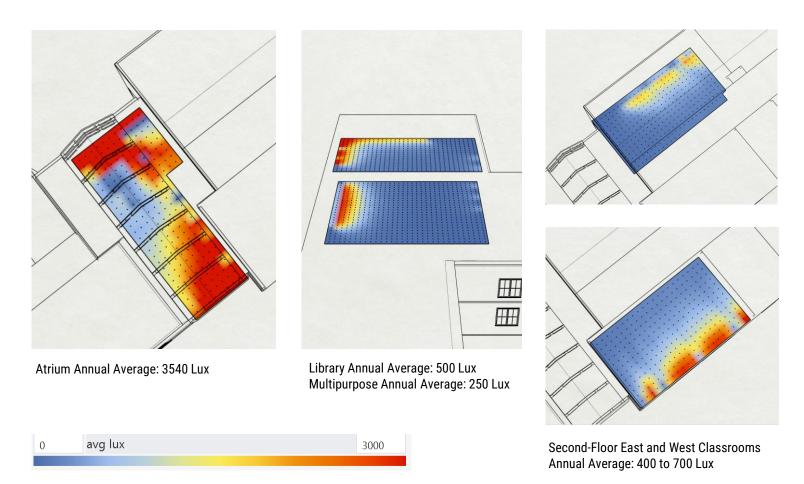
Cooling loads driven down by:

- DOAS cooling coil
- Window shadings
- Roof PV shading
- Operable windows

Peak heating load 220 kBTU/hr

Peak cooling load 110 kBTU/hr

Daylighting



Resilience Against Future Weather

Toronto's Future Weather*









Changing Weather Patterns

- Increasing temperatures
- Fewer snow events
- More summer storm precipitations
- More frequent heat waves

Effects

- Overheating risk
- High wind driven rain
- Snow loads
- · Freeze-thaw deterioration

Water Resiliency

